



# Lunch Menu

Mrs Atkins, our nursery cook, prepares all the meals freshly each day. Our lunch menu alternates across a three week period.

		WEEK 1	WEEK 2	WEEK 3
Monday	<i>Main</i>	<b>Homemade Pizza</b> With baked beans	<b>Tuna Pasta Bake</b> With broccoli	<b>Fish Fingers and Chips</b> With peas and tomato sauce
	<i>Dessert</i>	Bananas and custard	Rock Cakes and milkshake	Jam Tarts and custard
Tuesday	<i>Main</i>	<b>Spaghetti Bolognese</b> With garlic bread	<b>Beef Hotpot</b> With broccoli	<b>Chicken Casserole</b> With pasta
	<i>Dessert</i>	Ginger Sponge and custard	Apple Sponge and custard	Cheese and biscuits with fruit
Wednesday	<i>Main</i>	<b>Sausage and Mashed Potato</b> With peas and onion gravy	<b>Sweet and Sour Chicken</b> With rice	<b>Chilli Con Carne</b> With rice
	<i>Dessert</i>	Homemade Rice Pudding and stewed apple	Shortcake biscuit and yoghurt	Marmalade Sponge and custard
Thursday	<i>Main</i>	<b>Caribbean Chicken</b> With rice and Naan bread	<b>Sausage Meatballs in tomato sauce</b> With spaghetti	<b>Sausage Casserole</b> With mashed potato
	<i>Dessert</i>	Apple Pie and custard	Chocolate Crispies and ice cream	Fruit, jelly and shortcake biscuit
Friday	<i>Main</i>	<b>Fish Fingers and Mashed Potato</b> With carrots and peas	<b>Quiche</b> With chips and baked beans	<b>Macaroni Cheese</b>
	<i>Dessert</i>	Shortcake with ice cream and hot chocolate sauce	Fruit and yoghurt	Melting moments and custard

