



Lunch Menu

Mrs Atkins, our nursery cook, prepares all the meals freshly each day. Our lunch menu alternates across a three week period.

		WEEK 1	WEEK 2	WEEK 3
Monday	<i>Main</i>	Fish Fingers With chips and peas	Cheese and Pasta Bake With cauliflower and broccoli	Macaroni Cheese With broccoli and carrots
	<i>Dessert</i>	Fruit Salad and yoghurt	Apple Sponge and custard	Jam Tarts and custard
Tuesday	<i>Main</i>	Sweet and Sour Chicken With rice	Sausage Casserole With mashed potatoes and broccoli	Fish Fingers and Mashed Potatoes With peas and parsley sauce
	<i>Dessert</i>	Fruit Flapjack and custard	Rice Pudding and stewed apple	Chocolate Chip Cookies and yoghurt
Wednesday	<i>Main</i>	Spaghetti Bolognese With garlic bread	'Well Dressed Pie' With carrots and peas	Chilli con Carne With rice and tortilla chips
	<i>Dessert</i>	Apple Crumble and custard	Fruit Salad and yoghurt	Sponge and custard
Thursday	<i>Main</i>	Sausages With roast potatoes and baked beans	Chicken Curry With rice and Naan bread	Sausage Meatballs With pasta and garlic bread
	<i>Dessert</i>	Chocolate Crispies and ice cream	Jelly with fruit and ice cream	Cheese and Biscuits
Friday	<i>Main</i>	Fish Pie With peas and broccoli	Tuna Pasta Bake With mixed vegetables	'Cowboy Pie'
	<i>Dessert</i>	Bananas and custard	Chocolate Chip Cookies and custard	Fairy cakes and custard

